



Fall 2006

# Par Excellence!



## President's Message

Bill and Melanie Gates... Warren Buffet.....Bono.....Brad and Angelina..... it seems that this has become the Year of Philanthropy and global stewardship. Philanthropy is not just about giving away money, it is about a wish or desire to benefit humanity. One of the newscasts talked about a hope that the actions of these very public figures would change how the nation looked at philanthropy. It is the hope of my Presidency that these actions will change how you look at your role in this prestigious organization. When you became a member of STTI, Gamma chapter, you joined a membership that included the most educated nurses in the world. I believe that with this membership privilege, comes responsibility.

I recently watched a news special where Bono spoke of "stewardship of affluence and influence" and I was immediately struck by that concept. While nursing may not be known as a profession of "affluence", polls repeatedly find that nurses are one of the most trusted professionals by the general public. I feel that this trust brings with it the obligation of "stewardship of influence". The easiest way to influence is to become involved. What does this mean? For long standing Gamma members, re-engage; for new members, make that purple chord you wore so proudly last April mean something.

Carol Picard, President of STTI identified the following areas of focus for her strategic plan: knowledge, leadership, service, communities, and sustainability. Gamma chapter will be focusing on leadership and service initiatives this year. With the rich history of scholarship and leadership that this organization has I ask you to commit to one thing this year. Choose just one way to participate in some of the following chapter activities.

On September 21<sup>st</sup> the annual fall business meeting was held at the Holiday Inn Conference and Convention Center in Coralville, Iowa. The business meeting was followed by a presentation by Barbara J. Hannon entitled "Multigenerational Workforce Issues in Nursing." On October 22 at 2 p.m., Gamma will once again have a team participating in America's Walk for Diabetes in lower City Park in Iowa City. Walkers and pledges are both welcome, so please contact either Beth Houlahan at [beth-houlahan@uiowa.edu](mailto:beth-houlahan@uiowa.edu) or Anita Stineman at [anita-stineman@uiowa.edu](mailto:anita-stineman@uiowa.edu). The annual Founders Day celebration will occur in late October or early November. This year Gamma will be expanding the celebration to include practicing nurses at the University of Iowa Hospitals and Clinics and Mercy Hospital in Iowa City, so please contact Mary Berg at [mary-berg@uiowa.edu](mailto:mary-berg@uiowa.edu), April Roe at [april.roe@mercyic.org](mailto:april.roe@mercyic.org) or Beth Houlahan at [beth-houlahan@uiowa.edu](mailto:beth-houlahan@uiowa.edu) if you are interested in helping with this event.

Gamma chapter members can also be involved by writing an article for the Gamma Newsletter, nominating members for a research, scholarship or community awards, recruiting new or inactive members, or mentoring a new member. As you can see, there are a wide variety of opportunities for leadership and service. Please contact me at [jill-valde@uiowa.edu](mailto:jill-valde@uiowa.edu) with any additional suggestions or ideas. I would love to hear from you!

In closing, I would like to share a quote by Charles S. Lauer: "Leaders don't force people to follow—they invite them on a journey." Consider yourself invited. Please join me in Gamma's journey.

Sincerely,

Jill Gaffney Valde  
President, Gamma Chapter

## *Spring Induction*



## *BSN Students*



Emily Averill, Kathryn Bailey, Julie Benedict, Melissa Berg, Mary Anne Berry, Brianne Bildstein, Sabrina Blonigan, Janna Borcharding, Kristin Boswell, Erin Bott, William Branigan, Brandi Bresson, Lydia Burrows, Lauren Bushlack, Adelaide Capparelli Gerling, Kelley Chess, Jennifer Christens, Jennifer Christenson, Erin Cohen, Courtney Coseo, Elizabeth Danner, Jack Davenport, Lindsey Denning, Julie Dickens, Ashley Felter, Elizabeth Fortman, Miranda Funk, Colleen Gallagher, Jennifer Garman, Alindsey Gengler, Michelle Grundmeyer, Elizabeth Harvey, Kristen Heimer, Elizabeth Heine, Emily Hogue, Hannah Jepson, Alyssa Jeter, Lisa Jones, Kathryn Judas, Jung Lina Jun, Lora Kelly, Sarah Knipper, Katie Knox, Sarah Koch, Kelly Kookan, Terri Kragel, Jennifer Kunkel, Karen Ladjahasan, Ashley Lange, Amy Langel, Staci Langel, Ericka Larson, Hanna Lee, Michelle Leick, Jamie Loftis, Kristina Ludwig, Shannon Martin, Jaye Mason, Matthew McGraw Erin Melloy Mary Melson, Nicole Meyers, Melissa Miller, Brandi Missel, Latisha Myers, Chelsey Nelson, Andrea O'Rourke, Katherine Pollpeter, Maureen Pope, Jessica Pottorff, Kerri Purcell, Hillary Recker, Danica Roach, Kristy Robbins, BreAnne Ruhland, Melissa Rumpel, Cheryl Ryder, Jonathan Schettler, Abbie Schmidt, Karen Schneider, Amy Schroeder, Abby Schwichtenberg, Elizabeth Shinall, Andrea Siebring, Darren Smith, Karina Smith, Anne Spieker, Anne Stamper, Kathryn Steffen, Rachel Steffen, Heather Storom, Joy Storom, Sarah Suhecki, Ann Szeluga, Adrienne Trauscht, Jennifer Trudeau, Pamela Uhlenhopp, Kara Vande Krol, Alison Waggoner, Melissa Wellcome, Jessica Whitman, Katherine Williams



## *RN-BSN*

Pamela Behrens-Looney, Kimberly Bergen  
 Andrea Carder, Benjamin Carlson  
 Barbara Coffman, Lisa Davis  
 Sandra Dennis, Amanda English  
 Julie Fortman, Susan Gillen  
 Heather Hunemuller, Linda Lyons  
 Sean McGee, Erin Rienbeck  
 Kate Rittenmeyer, Lashelle Siebel  
 Elizabeth Smith

## *Nurse Leaders*

Sharon Cozad  
 Ronda Drahozal  
 Diane Holmay  
 Cynthia Larew  
 LiLi  
 La Rae Schelling  
 Keri Semrau



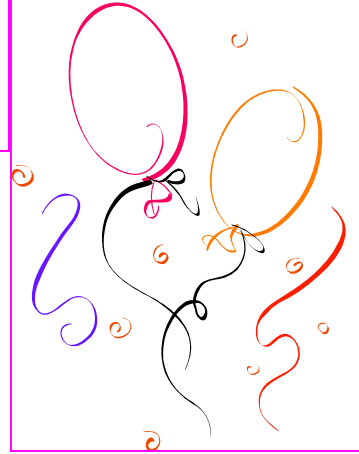
## *Graduate Students*

Carisa Barrick, Kelly Benda,  
 Nikki Blunt, Sharon Columbus,  
 Christina Hendricks, Sarah Hoefling,  
 Jennifer Houlihan, Melissa Jobgen,  
 Hyun Wook Kang, Lisa Kidin,  
 Julie Kolker, Kay Marttila,  
 Karen Mathis, Benjamin Nuti,  
 Jennifer Pacha, Susan Pair,  
 Jimmy Reyes, Bernda Shafer,  
 Ju Young Shin, Juh Hyun Shin,  
 Cassie Valasek



## Clinical Performance Improvement Award (CPIA)

Every day we watch great nurses do great things. The purpose of the Clinical Performance Improvement Award (CPIA) is to recognize members in clinical practice who have demonstrated innovative and high quality practice. This award may be given to an individual or individual/community partner. This may include an individual and the partner (individual or agency) for joint recognition.



Awards may be given for projects or activities in process or completed. Deadline for Application: March 1 of each year, with a decision by April 1. See the website for more details regarding nomination at <http://www.nursing.uiowa.edu/sites/stti>

Do you know a clinical star? Help us celebrate the success of a great nurse you work with every day, nominate a nurse for CPIA!

Last year's winner, Traci Linn Stewart, BSN, RN Congratulations, Traci!



The 2006 Showcase of Regional Excellence was a new recognition program for chapters and consortia to share their accomplishments during a special celebration at the Chapter Leader Academy in Indianapolis, Indiana on September 28-30, 2006. This year, Gamma Chapter has been recognized and will showcase Progressive Nursing Day.

Progressive Nursing Day is a leadership partnering activity between the Sigma Theta Tau International (STTI) Gamma Chapter and the University of Iowa Association of Nursing Students (UIANS). This activity involves the mentoring of Gamma board members with student leaders from (UIANS) as well as other nursing student volunteers, for the purpose of identifying a nursing educational needs, and then planning, organizing, implementing, and evaluating a co-sponsored state-wide educational program.

*Visit our award winning website at <http://www.nursing.uiowa.edu/sites/stti>*

# American Diabetes Association

*Cure, Care and Commitment*



Lace up your shoes, get some exercise, have some fun and join the Gamma Team help the American Diabetes Association. Why help the ADA? The ADA is the nation's leading non-profit organization providing education, research and advocacy for diabetes. Your money helps provide research to find a cure, and supports educational programs to improve the lives of millions of diabetes patients. Join the ADA Walkathon, October 22, Lower City Park, Iowa City, Iowa.

If you do not wish to be a walker, show your support by making a tax deductible pledge. The check can be made out to American Diabetes Association and mailed prior to September 28<sup>th</sup> to team captain: Beth Houlahan at [beth-houlahan @uiowa.edu](mailto:beth-houlahan@uiowa.edu) or Anita Stineman at [anita-stineman@uiowa.edu](mailto:anita-stineman@uiowa.edu).

## *Founder's Day November 6, 2006*

*11:00-1:00                      10:00-2:00  
Mercy Atrium                      CON Lounge*

### *Gamma Scholastic Awards*

Jennifer Truedeau,  
Kelly Kooken

### *Clinical Performance Improvement Award*

Tracei Linn Stewart

### *Spring Induction Research Grant*

#### *Award Recipients*

*Hyun Wook Kang  
Juh Hyun Shin  
Heek Park*

### *Betty Means Award* *Recipients*

*Collen Gallagher & Brandi Missel  
Community Partner  
Ilham Mohamed, Pat Meyer, Dr. Mohamed*

## *Progressive Nursing Day*

*February 20, 2007*

*7:00-2:00*

*IMU*



Get Connected  
Get Involved  
Get Recognized  
Get Career/Education Assistance  
<http://www.nursingsociety.org/membership/main.html>



**OFFICERS AND COMMITTEE CHAIRS  
2006-2007**

PRESIDENT  <u>JILL GAFFNEY VALDE</u> JILL-VALDE@UIOWA.EDU	2006-2008	SCHOLARSHIP AWARDS  <u>BARB RAKEL</u> BARBARA-RAKEL@UIOWA.EDU	2006-2008
PRESIDENT-ELECT  <u>BETH HOULAHAN</u> BETH-HOULAHAN@UIOWA.EDU	2006-2008	ARCHIVIST  <u>JAN DENEHY</u> JANICE-DENEHY@UIOWA.EDU  <u>KATHY SCHWEER</u> KDSCHWEER@MSN.COM	2006-2008  2006-2008
VICE PRESIDENT  <u>MARY BERG</u> MARY-BERG@UIOWA.EDU	2005-2007	FINANCE COMMITTEE  <u>KAREN GRIFFITH</u> KAREN-GRIFFITH@UIOWA.EDU	2006-2008
SECRETARY  <u>ANDREA GREEN</u> ANDREA-GREEN@UIOWA.EDU	2005-2007	LEADERSHIP SUCCESSION COMMITTEE  <u>LINDA CHASE</u> LINDA-CHASE@UIOWA.EDU  <u>SHERRY MCKAY</u> SHERRY-MCKAY@UIOWA.EDU  <u>NICKI MAROVETZ</u> NICKI-MAROVETZ@UIOWA.EDU	2005-2007  2005-2007  2006-2008
TREASURER  <u>JACKIE NELSON</u> JACQUELINE-NELSON@UIOWA.EDU	2006-2008	PROGRAM COMMITTEE  <u>MARY BERG</u> MARY-BERG@UIOWA.EDU	2005-2007
GOVERNANCE CHAIR  <u>ANITA STINEMAN</u> ANITA-STINEMAN@UIOWA.EDU	2004-2006	NEWSLETTER EDITOR  <u>GRACE MATTHEWS</u> GRACE-MATTHEWS@UIOWA.EDU	2004-2006
GOVERNANCE COMMITTEE  <u>TERI BOESE</u> TERI-BOESE@UIOWA.EDU	2005-2007	WEB PAGE  <u>JAN DENEHY</u> JANICE-DENEHY@UIOWA.EDU	2004-2006
BETTY MEANS AWARD  <u>LISA SKEMP KELLEY</u> LISA-KELLEY@UIOWA.EDU	2003-2008	CHAPTER KEY  <u>LOU ANN MONTGOMERY</u> LOU-ANNMONTGOMERY@UIOWA.EDU	2006-2008
CPIA AWARD  <u>APRIL ROE</u> APRIL.ROE@MERCYIC.ORG	2006-2008	<u>GAMMA OFFICE SECRETARY</u>  <u>KIM HAMMEN</u> KIMBERLY-HAMMEN@UIOWA.EDU	1996-PRESENT
RESEARCH <u>ANN MARIE MCCARTHY</u> ANN-MCCARTHY@UIOWA.EDU	2004-2006	THE UNIVERSITY OF IOWA COLLEGE OF NURSING 101C (O) 319-335-7296	

## **Gamma Chapter Sigma Theta Tau International**

### **Calendar: 2006 –2007**

<b>Date</b>	<b>Event</b>	<b>Remarks</b>
October 22, 2006 (Sunday)	ADA Walkathon	2pm Lower City Park
November 6, 2006 (Monday)	Founder's Day Cake in the Well/ Same day as blood drive	CON in the well – 10:00 a.m. – 1:00 p.m. Mercy Atrium 11:00-1:00
<b>Spring 2007</b>		
December 31, 2006 (Sunday)	Committee chairs post informa- tion on scholarships, CPIA, and Betty Means Awards on website	
January 9, 2007 (Tuesday)	Board Meeting	8:30-10:30 a.m. @ River City Beefstro/ State Room
February 6, 2007 (Tuesday)	Spring voting on Inductees	CON STTI room (101M) 1:00 – 1:30 p.m.
February 13, 2007 (Tuesday)	Board Meeting	8:30-10:30 a.m. @ River City Beefstro/ State Room
February 19, 2007 (Monday)	Dinner for PND planning groups	Dinner @ Iowa River Power Res- taurant from 6 -8 p.m.
February 20, 2007 (Tuesday)	PND	Iowa Memorial Union 7:00 a.m. – 2:00 p.m.
February 20, 2007 (Tuesday)	Voting meeting for Officers	CON STTI room (101M) @ 2:00 - 3:30 p.m.
March 6, 2007 (Tuesday)	Applications due for research, scholarship, CPIA, and Betty Means awards	
March 14, 2007 (Wednesday)	Annual chapter certification of renewal fees due	
April 28, 2007 (Saturday)	Spring Induction	Holiday Inn Convention Center, Coralville, Iowa
May 12, 2007 (Saturday)	Chapter Key submissions due from Board	
June 5, 2007 (Tuesday)	Transition Meeting	Lunch @ River City Beefstro/ Coralville followed by meeting 11:00 a.m. – 2:30 p.m.
July 14, 2007 (Saturday)	Chapter Key due to headquar- ters; Annual reports from officers due to President	
August 1, 2007 (Wednesday)	Chapter annual report due to HQ; Officer list due to HQ	