



Par Excellence!

Fall 2007

President's Message



It is hard to believe that another fall has arrived and that I am beginning my second year as your President. It has been a wonderful experience and I thank all of you for your support.

Last year at this time I talked about the five strategic focus areas of Sigma Theta Tau International. These areas were: knowledge, leadership, service, communities, and sustainability. Gamma's strategic plan for this year reflects these priorities. In the area of knowledge, we will be nominating Individuals for scholarship, research and community service awards, as well as co-sponsoring the annual Progressive Nursing Day and Evidence-based Practice Conferences. In addition, we are excited to announce the pilot of a new leadership mentoring initiative, a Leadership Internship for a selected Gamma member.

The newsletter will cover this in more detail. Service and community involvement opportunities will be highlighted at the Fall General Business Meeting/Program on September 18th, and I invite all of you to attend. This year we will be including a special recognition for all new Gamma inductees at this program and recruiting members to participate in a variety of Gamma activities. Sustainability is the last focal area and we will be actively pursuing a leadership succession program.

I read an interesting book this summer. Initially, what caught my eye was the title of this book, "WHERE HAVE ALL THE LEADERS GONE?" When I saw that the author was none other than the legendary automobile executive, Lee Iacocca, I had to check it out. Iacocca believes that leaders are made in times of crisis- such as today. The list of leaders that he has known goes on and on and includes presidents, heads of state, and CEO's of the nation's top organizations. In his book, Iacocca shares what he calls the Nine Cs of Leadership. The qualities that he feels every true leader should have are:

1. Curiosity- a leader has to step outside of his comfort zone and be open to different ideas, and be a voracious reader
2. Creativity- a leader must be able to think outside the box
3. Communication- a leader must face reality and speak the truth
4. Character- a leader must know the difference between right and wrong and have the guts to do the right thing
5. Courage- a leader must be willing to take a position that may cost him or her support
6. Conviction- a leader must have a fire in the belly- passion
7. Charisma- a leader must have qualities that inspire people and make them want to follow
8. Competence- a leader must know what to do and surround him or herself with people who know what they doing
9. Common sense- simply stated, a leader must have this

This book is not just a commentary on leadership but it is a call to Americans of all ages to get involved, to vote, and to choose our leaders wisely. Iacocca asks "**Are we too fat and satisfied for our own good? Did you vote in the last election? Why not? What is each of us giving back to our country?**" His book is a call to action to the American people. Although the focus is on political leadership, I think the basic tenets can be applied to the nursing profession and to Gamma chapter. Did you know that the Gamma chapter has, on record, an active membership of almost a thousand members? Do you know how many members did not re-activate or participate in the chapter once they received their chord and wore it to graduation? Do you know how many members attended our programs, nominated colleagues for awards, or volunteered for Board positions or committees last year? You would cringe if I told you.

"Are we too fat and satisfied with the current state of nursing and health care? Did you vote last year on line for your Gamma Board members? What are you giving back to Gamma or any of your professional organizations?" Perhaps it is time for a call to action to all Gamma members. Let's make this our best year ever. It is my hope that more of you will step forward this year and that Gamma chapter will never have to ask "WHERE HAVE ALL THE LEADERS GONE?" Wishing you the best, and please continue to send your emails and great ideas to jill-valde@uiowa.edu.

Sincerely,

Jill Gaffney Valde
President, Gamma Chapter



SPRING INDUCTION BSN



Bethany Aberg, Jennifer Amdor, Mindy Anderson, Cara Bachman, Laurie Bailey, Christine Berte, Sarah Birrer, Michele Brown, Megan Bullerman, Laurie Burton, Ashley Carlson, Kristin Davis, Jessica Fanucchi, Melissa Farrell, Lindsay Frein, Amanda George, Alison Gerlach, Sarah Gerwig, Shannon Guy, Heather Hansen, Nicholas Hilbert, Allison Hildebrand, Elizabeth Hoelscher, Brittany Hubler, Stefanie Irwin, Amanda Keierleber, Kristin Kleyer, Jennifer Kriss, Sara Konopka, Tia Martin, Erin McCarty, Jamie McGonegle, Emily McMahon, Kathryn Monroe, Casey Panko, Lindsey Phillips, Ashley Pieper, Cheryl Powers, Cynthia Roth, Jessica Scullen, BreAnne Sitzmann, Kayla Sitzmann, Rachel Sitzmann, Megan Sorensen, Alyson Spore, Gregory Sutton, Amy Swing, Michelle Trapp, Amy Truitt, Chelsea Verdon, Amy Wadington, Karrie Wakeland, Arriel Wayne, Renee West, Amanda Wyatt, Kristin Zoelle

MNHP



Jennifer Allen, Kori Barry, Melissa Bruneau, Lisa Fink, Michelle Frayne, Ann Glick, Ruth Grossmann, Jamin Homan, Melissa Jennings, Melissa Karr, Angela Leggitt, Laura Otting, Sarah Shindel, Fredric Spiegel, Jin Zhou

NURSE LEADERS



Nancy Dole, Marcia Gaffney, Kelli Krutsinger, Pamela Moss, Patricia Riley, Sheri Swenning, Amy Veit

GRADUATE INDUCTEES



Eun Goung Ann, Pamela Bassett, Deborah Burdsall, Kimberly Chamberlin, Donna Dolezal, Susan Karlman, Barbara Krieg, Kristen Kusik, Jayne Nirschl, Nicole Peterson, Jodie Sample, Samantha Schwenneker, Dawn Seeley, Cheryl Stephens-Lee, Andrea Timmerman, Hui-Chen Tseng, Chiung-Man Wu

RN/BSN INDUCTEES



Andrew Barber, Shawna Barnett, Barbara Berns, Francine Brown, Tina Brown, Cynthia Burkholder, Deneill Christner, Linda Dodds, Elizabeth Ebaugh, Colleen Grimes, Genev Haub, Amie Huebsch, Jennifer Huffman, Patricia Kisley, Lindy Malmin, Joyce McDermott, Maureen McDonagh, Tisha Pruiett, Nichole Ptacek, Lisa Ramirez, Teresa Schenck, Jamilee Sierck, Joyce Smithberg, Molly Snavely, Karen Van Ginkel, Denise Wanger, Jill Whitener

RESEARCH AWARDS



Juh Hyun Shin, Meghan McGonigal-Kinney, Ann Marie McCarthy, PHD, RN, PNP, FAAN, Jill Valde, PhD, RN,



BETTY MEANS COMMUNITY HEALTH AWARD

Mr. & Mrs. Means, Sharon Yearous, Lisa Kelley, PhD, RN



SCHOLASTIC AWARD

Cara Bachman, Lisa Kelley, PhD, RN
Jill Valde, PhD, RN

*Sigma Theta Tau Internation
Gamma Chapter
Leadership Intern Program*

Are you a born leader? Do you ever wish you could be more of a leader than a follower? Would you like to be mentored by other leaders in the nursing profession? If you answered “yes” to any of the questions, then the Leadership Intern Program might be for you!

The Leadership Intern Program provides one member the opportunity to work closely with the leaders of the Gamma Chapter of Sigma Theta Tau International. As a Leadership Intern, you will function as a leader-in-training within the organization.

You will receive various benefits for your service including:

- ◆ Payment for the Gamma membership
- ◆ Ability to network with nurse leaders
- ◆ Leadership skill development
- ◆ Great resume builder
- ◆ Payment to attend Leadership Academy

You will be responsible for carrying out important duties for the health and vitality of the chapter including:

- ◆ Work on a project with a Chapter officer. The project will be mutually determined by the intern and the Chapter officer.
- ◆ Assist with membership involvement initiatives
- ◆ Attend all meetings
- ◆ Other duties as designated

Eligibility Criteria:

- ◆ Interest in leadership development.
- ◆ Potential for and willingness to serve as a leader within the Chapter or at the regional level.
- ◆ Potential for and willingness to serve as a leader within the Chapter or at the regional level
- ◆ Completion of leadership application

Make a difference! Be a leadership Intern!

For more information, contact Jill Valde, jill-valde@uiowa.edu

I. Purpose

The leadership Intern Program has been implemented to promote mentoring of new members, to develop future chapter leaders, and to promote innovative chapter practices.

II. Procedure

- A. Each spring, the Leadership Succession Committee will review the application.
- B. The Leadership Succession Committee will review application.
- C. At the induction orientation, a member of the Leadership Succession Committee or designee will communicate information about the Leadership Intern Program to new members. He/She will also be responsible for alerting other inductees not in attendance.
- D. Application will be due by April 1. The Leadership Succession Committee will review applicants and make recommendation to the board.
- E. The Leadership Intern will be selected by the board during the month of June.
- F. The Leadership Intern’s tenure will last from August through May.



RECOGNITION/AWARDS

Rita A. Frantz, professor in the UI College of Nursing and past president of the Gamma Chapter has been named dean of the college effective July 1, 2007. Frantz succeeds former Dean Melanie C. Dreher, who resigned effective May 31, 2006 to accept the deanship at Rush University College of Nursing in Chicago.

Frantz's research program focuses on skin care and chronic wound healing in the elderly and has been supported by more than \$2 million in grant funding, including two National Institute of Nursing Research-funded studies on the efficacy of electrical stimulation on the healing of pressure ulcers. She recently completed a National Institutes of Health-funded study of biophysical factors in healing of foot ulcers in diabetics.



MARITA TITLER, RECEIVES ROBERT WOOD JOHNSON FOUNDATION

The Robert Wood Johnson Foundation has awarded a \$300,000 grant to a UI research team to study the impact of nursing care processes on the quality of patient outcomes, regarding the prevalence of patient falls and injuries from falls. The two-year study will involve the participation of 190 patient care units from 45 hospitals in the U.S. Dr. Marita Titler leads the research team.

BARB RAKEL RECEIVES NATIONAL INSTITUTE OF NURSING RESEARCH GRANT

Assistant Professor Barbara Rakel, UI College of Nursing, has received a \$2.1 million grant from the National Institute of Nursing Research to advance the study of pain control methods for older adults following total knee replacement surgery.



JO ELAND, PHD, RN

RECEIVES COLLEGIATE TOP TEACHING AWARD

Award recipients were selected for a wide range of attributes, including enthusiasm and creativity in the classroom; the ability to inspire, engage and mentor students; dedication to fostering research and professional development opportunities for students; a knack for incorporating service learning; and the ability to present classroom concepts in practical ways

Hi my name is Ashley Carlson and I am a Senior Nursing student from West Des Moines, Iowa. I will be graduating from the University of Iowa in May and am planning to continue my education as a Pediatric Nurse Practitioner. I joined Sigma Theta Tau last spring because of all the great opportunities for involvement with the group. I am looking forward to participating actively with the Gamma chapter and getting more students I interested in the organization. This year I am your Gamma Leadership Internship program representative and am very excited to take on this new project. I am also currently a member of UIANS as co-Vice President, Young Pediatric Nurse Clinicians Program, and Women in Science and Engineering.



COMMUNITY PAGE



UIANS AND GAMMA CHAPTER INTRODUCE GIRL SCOUTS TO NURSING.

On April 14th, STTI and UIANS joined forces in the Nursing Clinical Education Center, to show local girl scout troops the art of nursing. In this picture, the Girl Scouts are feeling the apical pulse of the Sim Man. They were also introduced to gowning and gloving, simulators, and other nursing procedures.



JOIN TEAM GAMMA WALK/RUN TO BATTLE BREAST CANCER

Join Team Captain Beth Houlihan and the Gamma Chapter to walk/ run to battle cancer!

The [*Especially for You Women's Race Against Breast Cancer*](#) is **Sunday, Oct. 14**. Where: Starts and finishes on Eighth Street SE, by Mercy Medical Center. Opening ceremonies will begin at 7:45 a.m., with the race following at 8 a.m. The competitive 5K run is open to women only, with a 5K walk open to women *and* men, although only women are eligible for awards. A 1-mile family fun walk is available to everyone.

The race raises funds for women unable to afford breast-cancer screenings and to educate women on the importance of early detection. The fee is \$20.00 before September 20th. After September 20th the fee goes to \$25.00 and on the day of the race the entry fee is \$30.00. Checks can be made to Especially for You. More information at www.mercycare.org

UIANS COMMUNITY PROJECTS



A general soldier collection will occur between October 15-19. If you have items for donation, contact UIANS. Specific attention will be made for our students overseas.

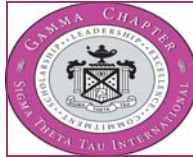
The Zeta Run is a run/walk for cancer, it will be the end of October. Registration is \$15.00.

Cookie decorating will be the week of December 3rd through the 7th. Money collected from the cookies will be given to the Toys for Tots campaign.

**OFFICERS AND COMMITTEE CHAIRS
2006-2007**

PRESIDENT <u>JILL GAFFNEY VALDE</u> JILL-VALDE@UIOWA.EDU	2006-2008	SCHOLARSHIP AWARDS <u>BARB RAKEL</u> BARBARA-RAKEL@UIOWA.EDU	2006-2008
PRESIDENT-ELECT MEMBERSHIP INVOLVMENT TASK FORCE <u>BETH HOULAHAN</u> B-HOULIHAN@MERCY.ORG	2006-2008	ARCHIVIST <u>JAN DENEHY</u> JANICE-DENEHY@UIOWA.EDU <u>KATHY SCHWEER</u> KDSCHWEER@MSN.COM	2006-2008 2006-2008
VICE PRESIDENT <u>ELLEN CRAM</u> ELLEN-CRAM@UIOWA.EDU	2007-2008	FINANCE COMMITTEE <u>KAREN GRIFFITH</u> KAREN-GRIFFITH@UIOWA.EDU	2006-2008
SECRETARY <u>ANDREA GREEN</u> ANDREA-GREEN@GMAIL.COM	2007-2009	LEADERSHIP SUCCESSION COMMITTEE NICKI MARKOVETZ NIOLLET-MARKOVETY@UIWOA.EDU RENEE CLANCY RENEE-CLANCY@UIOWA.EDU	2006-2008 2007-2008
TREASURER <u>JACKIE NELSON</u> JACQUELINE-NELSON@UIOWA.EDU	2006-2008	PROGRAM COMMITTEE <u>MARY BERG</u> MARY-BERG@UIOWA.EDU	2005-2007
GOVERNANCE CHAIR <u>ANITA STINEMAN</u> ANITA-STINEMAN@UIOWA.EDU	2004-2006	NEWSLETTER EDITOR <u>GRACE MATTHEWS</u> GRACE-MATTHEWS@UIOWA.EDU	2004-2008
SECOND COUNSELOR <u>TERRI BOESE</u> TERRI-BOESE@UIWOA.EDU	2006-2008		
GOVERNANCE COMMITTEE TRUDY LAFFOON TRUDY-LAFFON@UIOWA.EDU	2006-2008	WEB PAGE <u>JAN DENEHY</u> JANICE-DENEHY@UIOWA.EDU	2004-2008
BETTY MEANS AWARD <u>LISA SKEMP KELLEY</u> LISA-KELLEY@UIOWA.EDU	2003-2008	CHAPTER KEY <u>LOU ANN MONTGOMERY</u> LOU-ANNMONTGOMERY@UIOWA.EDU	2006-2008
CPIA AWARD <u>APRIL ROE</u> APRIL.ROE@MERCYIC.ORG	2006-2008	<u>GAMMA OFFICE SECRETARY</u> <u>KIM HAMMEN</u> KIMBERLY-HAMMEN@UIOWA.EDU	1998-PRESENT
RESEARCH <u>ANN MARIE MCCARTHY</u> ANN-MCCARTHY@UIOWA.EDU	2004-2006		

Gamma Chapter Sigma Theta Tau International



Calendar: 2006 –2007

DATE	EVENT	TIME & PLACE
FALL, 2007		
AUGUST 15, 2007 (W)	BOARD MEETING	8:30 - 10:30 AM RIVER CITY BEEFSTRO
SEPTEMBER 12, 2007 (W)	BOARD MEETING	8:30 - 10:30 AM RIVER CITY BEEFSTRO
SEPTEMBER 20, 2007 (TH)	GAMMA CHAPTER ANNUAL MEETING	5 :00 PM ANNUAL BUSINESS MEETING 6:00 PM PRESENTATION 6:30 - 8 PM RECEPTION & NETWORKING HOLIDAY INN CONFERENCE CENTER, CORALVILLE
OCTOBER 14, 2007	ESPECIALLY FOR YOU	CEDAR RAPIDS
NOVEMBER TBA, 2007 (M)	FOUNDER'S DAY - CAKE IN THE WELL UIANS BLOOD DRIVE	10 AM - 1 PM CON WELL AREA
NOVEMBER 2-7, 2007 (M)	STTI BIENNIAL CONVENTION	BALTIMORE, MD
DECEMBER 31, 2007 (M)	COMMITTEE CHAIR POST SCHOLARSHIP AND AWARD INFORMATION	AVAILABLE ON GAMMA WEBSITE
SPRING 2008		
JANUARY 9, 2008 (W)	BOARD MEETING	8:30 -10:30 AM RIVER CITY BEEFSTRO,
FEBRUARY 5, 2008 (TU)	SPRING VOTING ON INDCTEES	1 - 1:30 PM CON GAMMA CHAPTER ROOM (101M)
FEBRUARY 13, 2008 (W)	BOARD MEETING	8:30 -10:30 AM RIVER CITY BEEFSTRO,
FEBRUARY 18, 2008 (M)	DINNER FOR PND PLANNING GROUPS	6 - 8 PM MARRIOTT HOTEL, CORALVILLE
FEBRUARY 19, 2008 (TU)	PROGRESSIVE NURSING DAY (PND)	7 AM - 2 PM IOWA MEMORIAL UNION
FEBRUARY 19, 2008 (TU)	VOTING FOR NEW OFFICERS	2 - 3:30 PM CON GAMMA CHAPTER ROOM (101M)
MARCH 4, 2008 (TU)	APPLICATIONS DUE FOR SCHOLARSHIPS, CPIA, AND BETTY MEANS AWARDS	INFORMATION AND FORMS ON GAMMA WEBSITE
APRIL 26, 2008 (SAT)	SPRING INDUCTION	9:30 AM - NOON; HOLIDAY INN CONVENTION CENTER, CORALVILLE
JUNE 4, 2008 (W)	TRANSITION MEETING	11 AM - 2:30 PM RIVER CITY BISTRO - STATE ROOM - LUNCH FOLLOWED BY MEETING
AUGUST 1 , 2008 (F)	CHAPTER ANNUAL REPORT AND OFFICER LIST DUE TO HQ	